

TEN

THINGS

What to
Look for
As a Leader of
Others!

NEGATIVELY IMPACTING YOUR LEADERSHIP

1. Worrying people will not “love” you when required to make a hard decision.
2. Rehearsing strong “speeches” but when confronted deliver a much softer version.
3. Having a hard time saying NO!, which causes frustration and anxiety within.
4. Viewing constructive criticism as an attack, feeling threatened by opposing ideas.
5. Breaking eye contact is less than 3 seconds with those you perceive to be more accomplished.
6. Constantly Apologizing, even when you are not at fault.
7. Holding things in only to release them in a burst of anger.
8. Being Terrified of Failure, Looking Inappropriate, or Being Seen as Incompetent.
9. Envy of the Success of others, constantly compare yourself, strong desire to be better than others.
10. Your Performance Dictates your Worth, Especially Failures.



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